

# JFS Physical Education

## Long Term Medical and Home Teaching Assignments:

Marking Period (MP)	Question	Topics to choose from
1- (09/05-11/02)	<p><b><u>Why is it important to participate</u> in lifelong physical activity, and how can it <u>help prevent</u> the listed diseases?</b></p> <ul style="list-style-type: none"> <li>➤ Find <u>1 article for each of the topics</u> listed to the right; read it, complete the graphic organizer, and a 2-3 paragraph article summary for each topic.</li> <li>➤ <b>MP 1:</b> student is responsible for handing in <u>5 articles, graphic organizers, article summaries,</u> and a <u>2(+)</u> page paper supporting the question listed above.</li> </ul> <p style="text-align: center;">Please use your graphic organizers and article summaries to write your paper.</p>	<p>(choose from the following diseases)</p> <ul style="list-style-type: none"> <li>- Obesity</li> <li>- Heart Disease</li> <li>- Depression</li> <li>- Diabetes</li> <li>- Anxiety</li> </ul>
2- (11/03-01/25)	<p><b><u>How can playing team sports influence physical, social, and emotional development</u> in a <u>positive way</u>?</b></p> <ul style="list-style-type: none"> <li>➤ Find <u>3 articles that relate to the question</u>; read them, complete the graphic organizer, and a 2-3 paragraph article summary for each article. <i>There are team sport suggestions listed to the right.</i></li> <li>➤ <b>MP 2:</b> student is responsible for handing in <u>3 articles, graphic organizers, article summaries,</u> and a <u>2(+)</u> page paper supporting the question listed above.</li> </ul> <p style="text-align: center;">Please use your graphic organizers and article summaries to write your paper.</p>	<p>(Examples of team sports you may choose from)</p> <ul style="list-style-type: none"> <li>- Basketball</li> <li>- Volleyball</li> <li>- Soccer</li> <li>- Baseball</li> <li>- Football</li> </ul>

<p><b>3- (01/26-04/04)</b></p>	<p><b>Can <u>physical education</u> and <u>physical activity</u> have a <u>positive impact</u> on critical thinking skills and <u>problem solving</u>?</b></p> <ul style="list-style-type: none"> <li>➤ Find <u>3 articles that relate to the question</u>; read them, complete the graphic organizer, and a 2-3 paragraph article summary for each article. <i>There is an example of the steps to problem solving listed on the right.</i></li> <li>➤ <b>MP 3:</b> student is responsible for handing in <u>3 articles, graphic organizers, article summaries,</u> and a <u>2(+) page paper</u> supporting the question listed above.</li> </ul> <p>Please use your graphic organizers and article summaries to write your paper.</p>	<p>(Example of what can be considered as problem solving)</p> <ul style="list-style-type: none"> <li>- Identifying the problem</li> <li>- Understanding the problem</li> <li>- Looking for possible solutions to the problem</li> <li>- Making a decision</li> <li>- Testing out your decision</li> <li>- Observing your outcome</li> </ul>
<p><b>4- (04/04-06/25)</b></p>	<p><b>What <u>types of lifestyle changes</u> can a person make to <u>become healthier</u>, and what is <u>available in your community to help</u> with these changes?</b></p> <ul style="list-style-type: none"> <li>➤ Find <u>3 articles that relate to the question</u>; read them, complete the graphic organizer, and a 2-3 paragraph article summary for each article. <i>There is an example of personal change someone might make and a community resource they could utilize.</i></li> <li>➤ <b>MP 4:</b> student is responsible for handing in <u>3 articles, graphic organizers, article summaries,</u> and a <u>2(+) page paper</u> supporting the question listed above.</li> </ul> <p>Please use your graphic organizers and article summaries to write your paper.</p>	<p>(Example of change you may make, and a community resource)</p> <ul style="list-style-type: none"> <li>- <u>Change:</u> Becoming more active and working out</li> <li>- <u>Resource:</u> joining a local gym like the YMCA</li> </ul>

