

Pharmacy	ADDRESS1	CITY	COUNTY	STATE	PHONE	ZIP
YMCA: Wellsville YMCA	133 Bolivar Rd	Wellsville	Allegany	NY	(585) 593-3246	14895
American Family Fitness & American Woman Fitness	1806 Vestal Pkwy E STE 08	Vestal	Broome	NY	(607) 786-0800	13850
Anytime Fitness	1247 Upper Front St	Binghamton	Broome	NY	(607) 217-4020	13905
Anytime Fitness	3701 Vestal Pkwy E	Vestal	Broome	NY	(607) 930-4444	13850
Binghamton Tennis Center	3801 Mill St	Binghamton	Broome	NY	(607) 722-3491	13903
Chenango Bridge Physical Therapy	1 Kattelville Rd Ste 3	Binghamton	Broome	NY	(607) 648-4646	13901
Chenango Fitness	1333 Upper Front St	Binghamton	Broome	NY	(703) 350-1107	13901
Deeley Physical Therapy	709 Conklin Rd	Binghamton	Broome	NY	(607) 237-0148	13903
FMK Karate	782 Chenango St	Binghamton	Broome	NY	(607) 723-9624	13901
Jewish Community Center of Binghamton	500 Clubhouse Rd	Vestal	Broome	NY	(607) 724-2417	13850
Positive Life Force	3000 Wayne St	Endicott	Broome	NY	(607) 321-5416	13760
Riverwalk Athletic Club	225 Water St	Binghamton	Broome	NY	(607) 217-5995	13901
Southern Tier Strength & Conditioning	200 Front St Ste D	Vestal	Broome	NY	(607) 754-1776	13850
The Body Lab Pilates & Yoga Studio	32 Washington Ave	Endicott	Broome	NY	(607) 621-8285	13760
YMCA of Broome County	61 Susquehanna St	Binghamton	Broome	NY	(607) 772-0560	13901
YMCA of Broome County	740 Main St	Johnson City	Broome	NY	(607) 770-9622	13790
Brick Fitness	129 Main St	Randolph	Cattaraugus	NY	(716) 499-7988	14772
Droney Fit & Wellness 24/7	3132 NYS Route 417	Olean	Cattaraugus	NY	(716) 372-3488	14760
Eade Fitness 24/7	502 N Union St	Olean	Cattaraugus	NY	(716) 372-9444	14760
Western New York Physical & Occupational Therapy	6133 Route 219 S Ste 1002	Ellicottville	Cattaraugus	NY	(716) 699-2312	14731
Western New York Physical & Occupational Therapy	4039 Route 219	Salamanca	Cattaraugus	NY	(716) 945-2484	14779
YMCA: Olean YMCA	1101 Wayne St	Olean	Cattaraugus	NY	(716) 373-2400	14760
Cato Meridian Community Recreation Center	2851 State Route 370	Cato	Cayuga	NY	(315) 626-6735	13033
Champions For Life Sports Center	453 Grant Avenue Rd	Auburn	Cayuga	NY	(315) 252-9305	13021
Fit Conscience	1579 Clark Street Rd	Auburn	Cayuga	NY	(315) 406-0000	13021
Anytime Fitness	901 Fairmount Ave	Jamestown	Chautauqua	NY	(716) 489-3089	14701
Cassadaga Valley Central School Fitness Center	5935 Route 60 Ste 1404	Sinclairville	Chautauqua	NY	(716) 720-6488	14782
Chautauqua Health & Fitness	1170 Central Ave	Dunkirk	Chautauqua	NY	(716) 363-6383	14048
Darwins Health Club	47 Water St	Fredonia	Chautauqua	NY	(716) 679-1591	14063
Downtown Fitness	562 Clymer Sherman Rd	Clymer	Chautauqua	NY	(716) 450-8626	14724
Fit Women Fitness Center	556 E 2nd St	Jamestown	Chautauqua	NY	(716) 708-6543	14701
Jamestown Fitness Factory	110 N Main St	Jamestown	Chautauqua	NY	(716) 397-1711	14701
JCC Total Fitness	525 Falconer St	Jamestown	Chautauqua	NY	(716) 338-1260	14701

Planet Fitness	318 E Fairmount Ave	Lakewood	Chautauqua	NY	(716) 763-0270	14750
Rehabilitation Specialists	774 Fairmount Ave	Jamestown	Chautauqua	NY	(716) 665-1166	14701
WCD Boys & Girls Club of Jamestown	62 Allen St	Jamestown	Chautauqua	NY	(716) 664-2902	14701
YMCA: Jamestown YMCA	101 E 4th St	Jamestown	Chautauqua	NY	(716) 664-2802	14701
YMCA: Lakewood YMCA	183 E Fairmount Ave	Lakewood	Chautauqua	NY	(716) 763-0303	14750
YWCA Westfield	58 S Portage St Enter Side pa	Westfield	Chautauqua	NY	(716) 326-2011	14787
Chemung County Family Fitness Center	425 Pennsylvania Ave	Elmira	Chemung	NY	(607) 873-7177	14904
Jim's Gym	754 Baldwin St	Elmira	Chemung	NY	(607) 735-9789	14901
New York Sport & Fitness	134 W Water St	Elmira	Chemung	NY	(607) 732-7322	14901
Planet Fitness	3300 Chambers Rd Ste 5136	Horseheads	Chemung	NY	(607) 846-3130	14845
Snap Fitness	2898 Westinghouse Rd	Horseheads	Chemung	NY	(607) 973-2888	14845
Snap Fitness	1801 W Water St	Elmira	Chemung	NY	(607) 973-2888	14905
YWCA Elmira & Twin Tiers	211 Lake St	Elmira	Chemung	NY	(607) 733-5575	14901
BARBELL Fitness	19 Eaton Ave	Norwich	Chenango	NY	(607) 316-1070	13815
Greene Community Fitness Center	7 Foundry St	Greene	Chenango	NY	(607) 222-2022	13778
Greene Fitness	1208 State Highway 12	Greene	Chenango	NY	(607) 656-4988	13778
My Home Gym	2907 State Highway 7	Bainbridge	Chenango	NY	(607) 320-4024	13733
YMCA: Norwich YMCA	68 N Broad St	Norwich	Chenango	NY	(607) 336-9622	13815
CVPH Wellness & Fitness Center	295 New York Rd	Plattsburgh	Clinton	NY	(518) 324-2024	12903
Plattsburgh City Recreation Center	52 US Oval	Plattsburgh	Clinton	NY	(518) 324-7709	12903
YMCA of Plattsburgh New York	17 Oak St	Plattsburgh	Clinton	NY	(518) 561-4290	12901
Cortland Fitness Center	64 Main St	Cortland	Cortland	NY	(607) 756-4013	13045
The Fitness Gap	4292 Fairgrounds Dr	Cortland	Cortland	NY	(607) 662-0030	13045
Vine Health And Fitness	20 N Main St	Cortland	Cortland	NY	(607) 756-4905	13045
YMCA: Cortland County Family YMCA	22 Tompkins St	Cortland	Cortland	NY	(607) 756-2893	13045
YWCA of Cortland	14 Clayton Ave	Cortland	Cortland	NY	(607) 753-9651	13045
Catskill Recreation Center	651 County Highway 38	Arkville	Delaware	NY	(845) 586-6250	12406
Sidney Fitness	17 Steiner Rd	Sidney	Delaware	NY	(607) 563-2747	13838
The Cardio Club	17 Elm St	Delhi	Delaware	NY	(607) 746-7050	13753
Walton Fitness	194 Delaware St	Walton	Delaware	NY	(607) 510-4177	13856
Advanced Care Physical Therapy of WNY, PC	12845 Broadway St Ste 2	Alden	Erie	NY	(716) 902-5068	14004
Anytime Fitness	3135 Niagara Falls Blvd	Amherst	Erie	NY	(716) 768-0037	14228
BAC for Women Colvin Eggert	3157 Eggert Rd	Tonawanda	Erie	NY	(716) 348-3755	14150
Bennett Rehabilitation Institute	2075 Sheridan Dr Ste D	Kenmore	Erie	NY	(716) 803-8220	14223

Catalyst Express	2745 Seneca St	West Seneca	Erie	NY	(716) 824-4655	14224
Catalyst Express	5087 Broadway	Depew	Erie	NY	(716) 332-1632	14043
Catalyst Fitness	281 Meyer Rd	Amherst	Erie	NY	(716) 529-3309	14226
Catalyst Fitness	1999 Elmwood Ave	Buffalo	Erie	NY	(716) 381-8250	14207
Catalyst Fitness	1402 French Rd	Depew	Erie	NY	(716) 656-1530	14043
Catalyst Fitness	2309 Eggert Rd	Tonawanda	Erie	NY	(716) 832-2378	14150
Catalyst Fitness	770 Wehrle Dr	Cheektowaga	Erie	NY	(716) 626-1963	14225
Catholic Club of Buffalo Knights of Columbus	506 Delaware Ave	Buffalo	Erie	NY	(716) 882-0226	14202
Clarence High School	9625 Main St	Clarence	Erie	NY	(716) 407-9001	14031
Crunch	540 Dick Rd	Depew	Erie	NY	(716) 681-7535	14043
Crunch	4950 Camp Rd	Hamburg	Erie	NY	(716) 646-4141	14075
Crunch	1000 Young St	Tonawanda	Erie	NY	(716) 693-4141	14150
Curves	4184 Seneca St Ste 102	West Seneca	Erie	NY	(716) 677-4777	14224
Fitness 19	6375 Transit Rd	Depew	Erie	NY	(716) 651-1919	14043
Fitness 19	722 Maple Rd	Williamsville	Erie	NY	(716) 688-1911	14221
Fitness 19	800 Harlem Rd Ste 700	West Seneca	Erie	NY	(716) 825-1919	14224
Fitness Connection	12399 Olean Rd Ste A	Chaffee	Erie	NY	(716) 496-8812	14030
Island Fitness Center	100 Whitehaven Rd	Grand Island	Erie	NY	(716) 773-0729	14072
Jewish Community Center	2640 N Forest Rd	Getzville	Erie	NY	(716) 688-4033	14068
Jewish Community Center of Greater Buffalo	787 Delaware Ave	Buffalo	Erie	NY	(716) 886-3145	14209
LA Fitness	3040 Sheridan Dr	Amherst	Erie	NY	(716) 541-0648	14226
LA Fitness	69 Delaware Ave	Buffalo	Erie	NY	(716) 845-6660	14202
LA Fitness	3737 Union Rd Ste 7	Cheektowaga	Erie	NY	(716) 391-9110	14225
LA Fitness	5089 Transit Rd	Buffalo	Erie	NY	(716) 810-1004	14221
LA Fitness	3701 McKinley Pkwy	Blasdell	Erie	NY	(716) 249-3190	14219
LA Fitness	1012 Union Rd	West Seneca	Erie	NY	(716) 324-2476	14224
LA Fitness	1893 Elmwood Ave Ste 200	Buffalo	Erie	NY	(716) 541-1092	14207
LiveFit	4367 Walden Ave	Lancaster	Erie	NY	(716) 706-1058	14086
Made 2 Move Fitness	777 Maple Rd	Williamsville	Erie	NY	(716) 204-8451	14221
MOG at Brierwood	3040 Amsdell Rd Ste 207B	Hamburg	Erie	NY	(716) 649-0444	14075
Orchard Park Senior Center	70 Linwood Ave	Orchard Park	Erie	NY	(716) 662-6452	14127
Orthosports Physical Therapy/Norhttown M.O.G.	8637 Main St	Williamsville	Erie	NY	(716) 634-1578	14221
Planet Fitness	4090 Maple Rd	Amherst	Erie	NY	(716) 253-7676	14226
Planet Fitness	100 Thruway Plaza Dr	Cheektowaga	Erie	NY	(716) 989-0524	14225

Planet Fitness	1764 Sheridan Dr	Tonawanda	Erie	NY	(716) 799-0809	14223
Planet Fitness	3525 Seneca St	Buffalo	Erie	NY	(716) 677-9310	14224
Platinum Health & Fitness	9450 Transit Rd	East Amherst	Erie	NY	(716) 688-7100	14051
Snap Fitness	13242 Broadway St	Alden	Erie	NY	(716) 902-4250	14004
Snap Fitness	215 Main St	East Aurora	Erie	NY	(716) 655-6600	14052
Snap Fitness	2055 Baseline Rd	Grand Island	Erie	NY	(716) 775-8486	14072
Snap Fitness	6950 Erie Rd	Derby	Erie	NY	(716) 947-9010	14047
Snap Fitness	4180 N Buffalo Rd	Orchard Park	Erie	NY	(716) 508-8400	14127
Southtowns Fitness Center	23 Lake St	Hamburg	Erie	NY	(716) 648-0677	14075
SowFit Buffalo	1292 Sheridan Dr	Buffalo	Erie	NY	(716) 331-3671	14217
Spring Creek Athletic Club	535 W Main St	Springville	Erie	NY	(716) 592-2000	14141
Springville Health and Fitness	243 W Main St Ste 4	Springville	Erie	NY	(716) 592-5510	14141
Step By Step PT	56 Main St	Akron	Erie	NY	(716) 542-1135	14001
Synergy Fitness	6045 Transit Rd Ste 101	East Amherst	Erie	NY	(716) 799-1234	14051
Terrie's Workout Center	1481 Hertel Ave	Buffalo	Erie	NY	(716) 833-6529	14216
The M.O.G	100 Union Rd	Hamburg	Erie	NY	(716) 675-4444	14075
The M.O.G.	1491 Sheridan Dr Ste 300	Kenmore	Erie	NY	(716) 871-1100	14217
The M.O.G.	1801 Grand Island Blvd	Grand Island	Erie	NY	(716) 773-1600	14072
The M.O.G.	1021 Broadway St Fl 2	Buffalo	Erie	NY	(716) 431-5141	14212
Town of Brant Senior Center	100 Brant Farnham Rd	Brant	Erie	NY	(716) 549-0282	14027
Town of Hamburg Senior Services Fitness	4540 Southwestern Blvd	Hamburg	Erie	NY	(716) 646-0665	14075
Town of Hamburg Town Park Fitness Center	4420 Lakeshore Rd	Athol Springs	Erie	NY	(716) 648-1817	14010
Town of Tonawanda Aquatic & Fitness Center	1 Pool Plz	Buffalo	Erie	NY	(716) 876-7424	14223
Underground Gym	227 Thorn Ave	Orchard Park	Erie	NY	(716) 563-1392	14127
Western New York Physical & Occupational Therapy	12395 Olean Rd Ste B	Chaffee	Erie	NY	(716) 496-5550	14030
Western New York Physical & Occupational Therapy	6301 Transit Rd	Depew	Erie	NY	(716) 684-0400	14043
YMCA: Delaware Family YMCA	2564 Delaware Ave	Buffalo	Erie	NY	(716) 875-1283	14216
YMCA: Independent Health Family Branch YMCA	150 Tech Dr	Amherst	Erie	NY	(716) 839-2543	14221
YMCA: KenTon Family YMCA	535 Belmont Ave	Kenmore	Erie	NY	(716) 874-5051	14223
YMCA: Southtowns Family YMCA	1620 Southwestern Blvd	West Seneca	Erie	NY	(716) 674-9622	14224
YMCA: William Emslie Family YMCA	585 William St	Buffalo	Erie	NY	(716) 845-5440	14206
Heart To Heart Fitness	19 Eagle Dr	Hogansburg	Franklin	NY	(518) 358-3200	13655
Slove Health Club	69 Main St	Saranac Lake	Franklin	NY	(518) 354-8492	12983
YMCA: Greater Malone YMCA	326 W Main St	Malone	Franklin	NY	(518) 483-2354	12953

YMCA: Fulton County YMCA	213 Harrison St	Johnstown	Fulton	NY	(518) 848-3447	12095
Ladies First Fitness	52 Main St	Le Roy	Genesee	NY	(585) 993-7654	14482
LeRoy Athletic Club	12 Main St	Le Roy	Genesee	NY	(585) 217-1134	14482
Village Physical Therapy & Fitness	3 West Ave	Le Roy	Genesee	NY	(585) 768-4550	14482
YMCA: Genesee County YMCA	209 E Main St	Batavia	Genesee	NY	(585) 344-1664	14020
Curves	300 N Prospect St	Herkimer	Herkimer	NY	(315) 866-3100	13350
Fitness Farmacy	441 W Main St	Little Falls	Herkimer	NY	(315) 868-5512	13365
Little Falls Hospital Rehabilitation Wellness Center	140 Burwell St	Little Falls	Herkimer	NY	(315) 823-5360	13365
YMCA of the Mohawk Valley	83 E Main St	Mohawk	Herkimer	NY	(315) 866-6570	13407
YMCA: Little Falls Family YMCA	15 Jackson St	Little Falls	Herkimer	NY	(315) 823-1740	13365
American Top Team of Watetown	223 J B Wise Pl	Watertown	Jefferson	NY	(315) 782-4255	13601
Northern Physical Therapy and Fitness Clayton	307 Riverside Dr	Clayton	Jefferson	NY	(315) 686-1757	13624
YMCA: Watertown Family YMCA	119 Washington St	Watertown	Jefferson	NY	(315) 782-3100	13601
YMCA: Watertown Family YMCA	585 Rand Dr	Watertown	Jefferson	NY	(315) 755-9622	13601
Fitness 1st	7383 Utica Blvd	Lowville	Lewis	NY	(315) 376-7777	13367
Avon Fitness & Tanning	118 Genesee St	Avon	Livingston	NY	(585) 226-9240	14414
Caledonia Fitness Center	3163 State St	Caledonia	Livingston	NY	(585) 538-6990	14423
Curves	132 Court St	Geneseo	Livingston	NY	(585) 243-3770	14454
Exercise Your Way	1491 Middle Rd	Caledonia	Livingston	NY	(585) 202-7699	14423
Livingston Fitness	490 Collins St	Avon	Livingston	NY	(585) 226-2480	14414
Livingston Fitness	40 Village Plz	Dansville	Livingston	NY	(585) 335-2456	14437
Livingston Fitness	4 E South St	Geneseo	Livingston	NY	(585) 243-9150	14454
Livonia Fitness	29 Main St	Livonia	Livingston	NY	(585) 346-2207	14487
Logan's Inn	106 Clara Barton St	Dansville	Livingston	NY	(585) 335-5840	14437
Nicholas H Noyes Memorial Hospital	111 Clara Barton St	Dansville	Livingston	NY	(585) 335-6001	14437
Nunda Physical Therapy	25 West St	Nunda	Livingston	NY	(585) 468-2020	14517
Physical Therapy Professionals of Lakeville	3506 Thomas Dr	Lakeville	Livingston	NY	(585) 346-0060	14480
Cazenovia Community Fitness	4157 Midstate Ln	Cazenovia	Madison	NY	(315) 391-3125	13035
Chittenango Physical Therapy	1398 State Route 5	Chittenango	Madison	NY	(315) 510-3372	13037
YMCA: Oneida Family YMCA	701 Seneca St	Oneida	Madison	NY	(315) 363-7788	13421
Agape Physical Therapy	1075 Ridge Rd	Webster	Monroe	NY	(585) 671-3770	14580
Agape Physical Therapy	2154 Nine Mile Point Rd Ste	Fairport	Monroe	NY	(585) 364-1572	14450
Agape Physical Therapy	3240 Chili Ave	Rochester	Monroe	NY	(585) 889-7777	14624
Agape Physical Therapy	880 Elmgrove Rd Ste 2	Rochester	Monroe	NY	(585) 247-8535	14624

Agape Physical Therapy	92 West Ave	Brockport	Monroe	NY	(585) 637-0790	14420
Agape Physical Therapy	95 Canal Landing Blvd Ste 2	Rochester	Monroe	NY	(585) 617-0581	14626
Anytime Fitness	50 Chestnut St	Rochester	Monroe	NY	(585) 454-1115	14604
Athletic Apex Health Clubs	667 Panorama Trl W	Rochester	Monroe	NY	(585) 586-7777	14625
Atlas Body Development Center	42 Nichols St	Spencerport	Monroe	NY	(585) 352-7363	14559
ATR Fitness	2175 Empire Blvd	Webster	Monroe	NY	(585) 704-2134	14580
Blink Fitness	2833 W Ridge Rd	Rochester	Monroe	NY	(585) 532-5650	14626
Chili Fitness Center	3313 Chili Ave	Rochester	Monroe	NY	(585) 889-1000	14624
Churchville Physical Therapy	7 Washington St Ste A100	Churchville	Monroe	NY	(585) 293-9160	14428
Curves	1698 Penfield Rd	Rochester	Monroe	NY	(585) 385-3510	14625
ESLC Neighborhood Program at Beatrice Place	600 Denise Rd	Rochester	Monroe	NY	(585) 546-8400	14616
ESLC Neighborhood Program at Valley Manor	1570 East Ave	Rochester	Monroe	NY	(585) 546-8400	14610
Exercise Express	200 W Avenue	Rochester	Monroe	NY	(585) 454-6478	14609
Fairport Fitness	92 S Main St Lowr Level	Fairport	Monroe	NY	(585) 309-1788	14450
Fitness Warehouse	54 Canning St	Hilton	Monroe	NY	(585) 392-6277	14468
Gold's Gym	101 Fairport Village Indg	Fairport	Monroe	NY	(585) 678-9419	14450
Gold's Gym	855 Publishers Pkwy	Webster	Monroe	NY	(585) 347-0047	14580
Harro East Athletic Club	400 Andrews St	Rochester	Monroe	NY	(585) 546-1000	14604
Her Total Fitness	2590 W Ridge Rd Ste 5	Rochester	Monroe	NY	(585) 434-0022	14626
Honeoye Falls Lima Central School District Wellness	83 East St	Honeoye Falls	Monroe	NY	(585) 624-7068	14472
Iron House	775 Culver Rd	Rochester	Monroe	NY	(585) 434-2538	14609
Jazzercise Brockport	4927 Lake Rd S	Brockport	Monroe	NY	(585) 233-6376	14420
Knockout Fitness	675 Atlantic Ave	Rochester	Monroe	NY	(585) 654-7122	14609
LA Fitness	1867 W Ridge Rd	Greece	Monroe	NY	(585) 441-3899	14615
LA Fitness	100 Marketplace Dr	Rochester	Monroe	NY	(585) 797-0411	14623
LA Fitness	1600 E Ridge Rd	Rochester	Monroe	NY	(585) 797-0414	14621
LA Fitness	78 Rockwood St	Rochester	Monroe	NY	(585) 510-6265	14610
LA Fitness	929 Holt Rd	Webster	Monroe	NY	(585) 236-4359	14580
Louis S Wolk JCC of Greater Rochester	1200 Edgewood Ave	Rochester	Monroe	NY	(585) 461-2000	14618
Next Level Strength and Conditioning	80 Lyndon Rd	Fairport	Monroe	NY	(585) 500-9324	14450
PCX Sports Performance	847 Holt Rd	Webster	Monroe	NY	(585) 545-4456	14580
Perinton Community Center	1350 Turk Hill Rd	Fairport	Monroe	NY	(585) 223-5050	14450
Pieters Family Life Center	1025 Commons Way	Rochester	Monroe	NY	(585) 487-3500	14623
PUSH Fitness Center	1135 Fairport Rd	Fairport	Monroe	NY	(585) 223-7874	14450

RAC for Women Pittsford	3400 Monroe Ave	Rochester	Monroe	NY	(585) 899-6666	14618
Rochester Regional Health Cardio/Pulmonary Rehab	2655 Ridgeway Ave Ste 210	Rochester	Monroe	NY	(585) 368-4374	14626
Rochester Regional Health Total Sports Experience	880 Elmgrove Rd	Rochester	Monroe	NY	(585) 458-2677	14624
S&S Fitness	49 King St	Hamlin	Monroe	NY	(585) 964-9530	14464
Samurai Martial Arts	1512 Spencerport Rd	Rochester	Monroe	NY	(585) 429-6340	14606
Snap Fitness	3892 Scottsville Rd	Scottsville	Monroe	NY	(585) 571-4343	14546
Snap Fitness	4390 Buffalo Rd	North Chili	Monroe	NY	(585) 205-5670	14514
Stay Fit Seniors	16 Main St	Hilton	Monroe	NY	(585) 391-0394	14468
Studio 22 Fitness	67 Old Hojack Ln	Hilton	Monroe	NY	(585) 366-4295	14468
Sweden Clarkson Community Center	4927 Lake Rd S	Brockport	Monroe	NY	(585) 431-0090	14420
The Rochester School Of Fitness	445 W Commercial St Ste 4	East Rochester	Monroe	NY	(585) 267-7145	14445
The Village at Mill Landing	45 Mill Rd	Rochester	Monroe	NY	(585) 720-3033	14626
The Village at Unity	1477 Long Pond Rd	Rochester	Monroe	NY	(585) 368-4040	14626
The Women's Fitness Connection	1742 Long Pond Rd	Rochester	Monroe	NY	(585) 752-6067	14606
Town of Webster Parks & Recreation	1350 Chiyoda Dr	Webster	Monroe	NY	(585) 872-7103	14580
Webster Aquatic Center	875 Ridge Rd	Webster	Monroe	NY	(585) 670-1087	14580
World Gym Greece	190 Greece Ridge Center Dr	Rochester	Monroe	NY	(585) 271-0990	14626
World Gym Rochester	1717 East Ave	Rochester	Monroe	NY	(585) 271-0440	14610
World Gym Webster	187 W Main St	Webster	Monroe	NY	(585) 265-4530	14580
YMCA: Bay View Family YMCA	1209 Bay Rd	Webster	Monroe	NY	(585) 671-8414	14580
YMCA: Chester F Carlson Metro Center	444 E Main St	Rochester	Monroe	NY	(585) 325-2880	14604
YMCA: Eastside Family YMCA	1835 Fairport Nine Mile Poin	Penfield	Monroe	NY	(585) 341-4000	14526
YMCA: Maplewood Family YMCA	25 Driving Park Ave	Rochester	Monroe	NY	(585) 647-3600	14613
YMCA: Northwest Family YMCA	730 Long Pond Rd	Rochester	Monroe	NY	(585) 227-3900	14612
YMCA: Schottland Family YMCA	2300 W Jefferson Rd	Pittsford	Monroe	NY	(585) 446-2000	14534
YMCA: Southwest Family YMCA	597 Thurston Rd	Rochester	Monroe	NY	(585) 328-9330	14619
YMCA: Westside Family YMCA	920 Elmgrove Rd	Rochester	Monroe	NY	(585) 247-3501	14624
Horace J Inman Senior Center	53 Guy Park Ave	Amsterdam	Montgomery	NY	(518) 842-3815	12010
Performance Therapy and Fitness	30 Center St	Saint Johnsville	Montgomery	NY	(518) 568-0032	13452
Perth Ultimate Fitness	161 Perth Fitness Rd	Amsterdam	Montgomery	NY	(518) 762-5438	12010
St Johnsville Rehabilitation & Nursing Center	7 Timmerman Ave	Saint Johnsville	Montgomery	NY	(518) 568-5037	13452
Advanced Care Aquatic & Fitness	924 Main St	Niagara Falls	Niagara	NY	(716) 282-2888	14301
Anytime Fitness	459 S Transit St Ste 201	Lockport	Niagara	NY	(716) 433-3400	14094
Before & After Fitness Center	525 Wheatfield St	North Tonawanda	Niagara	NY	(716) 462-6353	14120

ChrisFit Personal Training	4600 Witmer Industrial Est	Niagara Falls	Niagara	NY	(716) 754-4474	14305
Crunch	2429 Military Rd	Niagara Falls	Niagara	NY	(716) 297-5107	14304
LA Fitness	6610 Niagara Falls Blvd	Niagara Falls	Niagara	NY	(716) 205-3333	14304
Niagara Falls Memorial Medical Center	571 10th St	Niagara Falls	Niagara	NY	(716) 278-4019	14301
Riverview Fitness	445 Main St	Youngstown	Niagara	NY	(716) 219-4097	14174
Snap Fitness	6507 Wheeler Rd	Lockport	Niagara	NY	(716) 201-4663	14094
Ultimate Physique	50 Rogers Ave	Lockport	Niagara	NY	(716) 439-4094	14094
Village Fitness Club	734 Cayuga St	Lewiston	Niagara	NY	(716) 998-0057	14092
YMCA: Lockport Family YMCA	5833 Snyder Dr	Lockport	Niagara	NY	(716) 434-8887	14094
Accelerate Sports	5241 Judd Rd	Whitesboro	Oneida	NY	(315) 507-5560	13492
Body Shop Physical Therapy	614 Sherrill Rd	Sherrill	Oneida	NY	(315) 361-9620	13461
Carbone Athletic The Fitness Mill	587 Main St Ste 202	New York Mills	Oneida	NY	(315) 768-1155	13417
Curves	9835 River Rd	Utica	Oneida	NY	(315) 368-0062	13502
Fitness Forum Physical Therapy	37 Main St	Camden	Oneida	NY	(315) 245-5286	13316
Fitness Forum Physical Therapy	8112 State Route 12 Ste 1	Barneveld	Oneida	NY	(315) 896-4330	13304
Fitness Forum Physical Therapy	91 Perimeter Rd	Rome	Oneida	NY	(315) 336-3480	13441
Integrative Experience	4947 Commercial Dr Ste 7	New York Mills	Oneida	NY	(315) 735-6297	13417
Parkway Center	220 Memorial Pkwy	Utica	Oneida	NY	(315) 223-3973	13501
Presbyterian Home For Central New York	4290 Middle Settlement Rd	New Hartford	Oneida	NY	(315) 235-7118	13413
Presbyterian Residential Community	4300 Middle Settlement Rd	New Hartford	Oneida	NY	(315) 724-9300	13413
Retro Fitness	5123 Commercial Dr	Yorkville	Oneida	NY	(315) 790-5253	13495
Start to Fit	50 Genesee St	New Hartford	Oneida	NY	(315) 507-4082	13413
Total Body Strength & Fitness	8022 State Route 12	Barneveld	Oneida	NY	(315) 896-2330	13304
Upstate Empire Fitness	1307 Champlin Ave	Utica	Oneida	NY	(315) 797-6937	13502
YMCA: Rome Family YMCA	301 W Bloomfield St	Rome	Oneida	NY	(315) 336-3500	13440
Anytime Fitness	7165 Buckley Road	Liverpool	Onondaga	NY	(315) 715-3311	13088
Aspen Athletic Club	5863 E Circle Dr	Cicero	Onondaga	NY	(315) 458-4357	13039
Aspen Athletic Club	8015 Oswego Rd	Liverpool	Onondaga	NY	(315) 622-9200	13090
Aspen Athletic Club Downtown	125 E Jefferson St	Syracuse	Onondaga	NY	(315) 424-4900	13202
Aspen Athletic Club Fairmount	3440 W Genesee St	Syracuse	Onondaga	NY	(315) 484-1000	13219
Atlas Chiropractic	141 Shop City Plz	Syracuse	Onondaga	NY	(315) 414-0224	13206
Blink Fitness	4979 W Taft Rd Unit 7B	Liverpool	Onondaga	NY	(315) 928-3830	13088
Blink Fitness	4722 Onondaga Blvd Stop 1	Syracuse	Onondaga	NY	(315) 800-5195	13219
Champions Fitness Center	7687 Frontage Rd	Cicero	Onondaga	NY	(315) 452-5522	13039

Crunch Fitness	3179 Erie Blvd E	Syracuse	Onondaga	NY	(917) 400-1423	13214
Elevate Fitness	5791 Widewaters Pkwy	Syracuse	Onondaga	NY	(315) 446-0376	13214
Elevate Fitness	7455 Morgan Rd	Liverpool	Onondaga	NY	(315) 451-5050	13090
Fit 247 Brewerton	5501 Bartel Rd Unit 8	Brewerton	Onondaga	NY	(315) 668-5020	13029
Jewish Community Center of Syracuse	5655 Thompson Rd	Syracuse	Onondaga	NY	(315) 445-2360	13214
Marcellus Fitness Center & Gym	16 W Main St	Marcellus	Onondaga	NY	(315) 632-8959	13108
Metro Fitness East	6800 E Genesee St Ste 2000	Fayetteville	Onondaga	NY	(315) 446-2638	13066
Midstate Youth Hockey Association	5575 Meltzer Ct	Cicero	Onondaga	NY	(315) 752-9622	13039
Pacific Health Club	604 Old Liverpool Rd	Liverpool	Onondaga	NY	(315) 396-0455	13088
Pine Grove Health & Country Club	4050 Milton Ave	Camillus	Onondaga	NY	(315) 672-8107	13031
Powerhouse Gym Syracuse	210 W Division St	Syracuse	Onondaga	NY	(315) 870-3200	13204
Solvay Geddes Community Youth Center	1010 Woods Rd	Solvay	Onondaga	NY	(315) 488-3666	13209
SouthSide Fitness	4141 S Salina St	Syracuse	Onondaga	NY	(315) 469-2753	13205
Square 1 Wellness	19 E Genesee St	Baldwinsville	Onondaga	NY	(315) 638-3472	13027
Trillium Sport & Fitness	2815 Erie Blvd E	Syracuse	Onondaga	NY	(315) 463-9355	13224
Tru Fitness Health Club	4651 Nixon Park Dr	Syracuse	Onondaga	NY	(315) 378-0617	13215
West Side Physical Therapy	315 Bridge St	Syracuse	Onondaga	NY	(315) 484-9447	13209
YMCA: Downtown YMCA	340 Montgomery St	Syracuse	Onondaga	NY	(315) 474-6851	13202
YMCA: East Area Family YMCA	200 Towne Dr	Fayetteville	Onondaga	NY	(315) 637-2025	13066
YMCA: Manlius YMCA	140 W Seneca St	Manlius	Onondaga	NY	(315) 692-4777	13104
YMCA: North Area Family YMCA	4775 Wetzels Rd	Liverpool	Onondaga	NY	(315) 451-2562	13090
YMCA: Northwest Family YMCA	8040 River Rd	Baldwinsville	Onondaga	NY	(315) 303-5966	13027
YMCA: Southwest YMCA	4585 W Seneca Tpke	Syracuse	Onondaga	NY	(315) 498-2699	13215
Anytime Fitness	4402 State Route 5 and 20	Canandaigua	Ontario	NY	(585) 396-9777	14424
Naples Valley Fitness	8629 State Route 21	Naples	Ontario	NY	(585) 374-9970	14512
Phelps Community Center	8 Banta St Ste 100	Phelps	Ontario	NY	(315) 548-8484	14532
Pinnacle Athletic Campus	7600 Pinnacle Dr	Victor	Ontario	NY	(585) 433-2930	14564
Snap Fitness	1560 State Route 332	Farmington	Ontario	NY	(585) 205-5670	14425
YMCA: Clifton Springs Area YMCA	5 Crane St	Clifton Springs	Ontario	NY	(315) 462-6184	14432
YMCA: Geneva YMCA	399 William St	Geneva	Ontario	NY	(315) 789-1616	14456
YMCA: Greater Canandaigua Family YMCA	32 N Main St	Canandaigua	Ontario	NY	(585) 394-6866	14424
365 Fitness	17 E Bank St	Albion	Orleans	NY	(585) 709-7223	14411
Albion Fitness	12 N Main St	Albion	Orleans	NY	(585) 283-4063	14411
Casanova's FasTan & FiTness	114 N Main St	Albion	Orleans	NY	(585) 283-5078	14411

Snap Fitness	11184 Maple Ridge Rd	Medina	Orleans	NY	(585) 735-4201	14103
The Whole Approach	50 Public Sq	Holley	Orleans	NY	(585) 431-3522	14470
YMCA: Orleans County YMCA	306 Pearl St	Medina	Orleans	NY	(585) 798-2040	14103
Curves	2187 CR 12 Ste 4 and 5	Central Square	Oswego	NY	(315) 668-8689	13036
Great Lakes ATF	7 Silk Rd	Fulton	Oswego	NY	(315) 887-1586	13069
Infinity Fitness	78 W 1st St	Oswego	Oswego	NY	(315) 806-4066	13126
Kuss Physical Therapy	124 US Route 11	Central Square	Oswego	NY	(315) 668-0123	13036
Ontario Health and Fitness	3975 Port St	Pulaski	Oswego	NY	(315) 298-2936	13142
Stability Fitness of Oswego	138 E 2nd St	Oswego	Oswego	NY	(315) 216-6888	13126
YMCA: Fulton Family YMCA	715 W Broadway	Fulton	Oswego	NY	(315) 598-9622	13069
YMCA: Oswego YMCA	265 W 1st St	Oswego	Oswego	NY	(315) 342-6082	13126
Clark Sports Center	124 County Highway 52	Cooperstown	Otsego	NY	(607) 547-2800	13326
YMCA: Oneonta Family YMCA	20-26 Ford Ave	Oneonta	Otsego	NY	(607) 432-0010	13820
5 Star Fitness Center for Women	71 E Main St	Gouverneur	Saint Lawrenc	NY	(315) 287-1904	13642
Clifton Fine Hospital	1014 Oswegatchie Trail Rd	Star Lake	Saint Lawrenc	NY	(315) 848-4281	13690
Fresh Start Fitness	30 John St	Gouverneur	Saint Lawrenc	NY	(315) 767-1524	13642
Northern Physical Therapy	203 State St	Ogdensburg	Saint Lawrenc	NY	(315) 393-2024	13669
Grand Prix Fitness	140 N Catherine St	Montour Falls	Schuyler	NY	(607) 210-4058	14865
Maximum Fitness	1963 US Route 20	Waterloo	Seneca	NY	(315) 712-4023	13165
Standard Process Health and Fitness Center at New	2360 State Route 89	Seneca Falls	Seneca	NY	(315) 568-3256	13148
54 Fitness	7183 State Route 54	Bath	Steuben	NY	(607) 776-5555	14810
Maple City Health and Fitness	100 Loder St Ste 105	Hornell	Steuben	NY	(607) 324-9344	14843
Snap Fitness	32 E Market St	Corning	Steuben	NY	(607) 973-2888	14830
Step It Up Fitness for Women	181 Seneca St	Hornell	Steuben	NY	(607) 324-6160	14843
YMCA of Hornell NY	18 Center St	Hornell	Steuben	NY	(607) 324-5520	14843
YMCA: Corning Community YMCA	127 Center Way	Corning	Steuben	NY	(607) 936-4638	14830
Buff Daisy Fitness	4 Whig St	Newark Valley	Tioga	NY	(845) 596-7013	13811
New Image Fitness Center	307 Broad St	Waverly	Tioga	NY	(607) 565-4439	14892
Tioga Fitness Center	115 Hickories Park Rd	Owego	Tioga	NY	(607) 687-7645	13827
East Shore Gym 24/7	1767 E Shore Dr	Ithaca	Tompkins	NY	(607) 592-7356	14850
Finger Lakes Fitness Center	171 E State St	Ithaca	Tompkins	NY	(607) 256-3532	14850
Tfit Fitness	61 W Main St	Trumansburg	Tompkins	NY	(607) 387-5545	14886
Tompkins Cortland Community College Fitness Cent	170 North St	Dryden	Tompkins	NY	(607) 844-6555	13053
Alex Eligh Community Center	303 East Ave	Newark	Wayne	NY	(315) 331-2532	14513

Anytime Fitness	515 Sampson Dr	Macedon	Wayne	NY	(315) 986-4380	14502
Fitness 24/7	1793 Ridge Rd	Ontario	Wayne	NY	(315) 694-3078	14519
Lyons Community Center	9 Manhattan St	Lyons	Wayne	NY	(315) 946-6202	14489
Ontario Community Center	6551 Knickerbocker Rd	Ontario	Wayne	NY	(315) 524-7020	14519
Palmyra Community Center	424 Stafford St	Palmyra	Wayne	NY	(315) 597-5501	14522
Palmyra In Motion	112 Fayette St	Palmyra	Wayne	NY	(315) 333-0623	14522
Red Creek Community Center	6592 South St	Red Creek	Wayne	NY	(315) 754-2065	13143
Refuel Total Fitness	513 W Union St Ste 99	Newark	Wayne	NY	(315) 359-4421	14513
Spa Circuit Fitness	1500 Welcher Rd	Newark	Wayne	NY	(315) 331-9158	14513
Spunk Fitness	175 W Shore Blvd	Newark	Wayne	NY	(315) 331-7500	14513
Strike It Up Artistic Center	2045 State Route 104	Ontario	Wayne	NY	(585) 615-9292	14519
Village Physical Therapy of Gananda Walworth	1218 Mayberry Pl	Macedon	Wayne	NY	(315) 986-1528	14502
VIP Fit Club	1503 Canandaigua Rd	Macedon	Wayne	NY	(585) 506-2555	14502
Arcade Fitness	20 Steele Ave	Arcade	Wyoming	NY	(716) 912-8761	14009
Collosseum Gym	3008 Route 39	Arcade	Wyoming	NY	(585) 435-2180	14009
Step By Step PT	120 Prospect St	Attica	Wyoming	NY	(585) 591-3082	14011
Step By Step PT	2333 State Route 19 N	Warsaw	Wyoming	NY	(585) 786-8700	14569
The Fit Stop Fitness Center	3631 Main St	Strykersville	Wyoming	NY	(585) 457-3386	14145
YMCA: Wyoming County YMCA	115 Linwood Ave	Warsaw	Wyoming	NY	(585) 786-2880	14569
Snap Fitness	203 Lake St	Penn Yan	Yates	NY	(607) 973-2888	14527
Yates Community Center	467 N Main St	Penn Yan	Yates	NY	(315) 536-3354	14527